

## Learning Objectives

1. Participants will learn how the psychoanalytic psychotherapist's personality, history and belief systems organize themselves into an (often unconscious) private theory.
2. Participants will understand how their private theories, established in the course of the therapeutic process, may dramatically influence the course of every therapeutic journey.
3. Participants will be able to use a connectedness sensibility to alter, in a therapeutically useful manner, the way they listen to, and respond to, their patients.

## IASP Board of Directors

Midge Breslin, *President*

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Mohammed Dehgan Pour, *Class Representative*

## The Institute for the Advancement of Self Psychology

The Institute for the Advancement of Self Psychology (IASP) was established in 1994 to train professionals in Psychoanalytic Theory and Technique with an emphasis on Contemporary Self Psychology.

IASP offers a two and a four year clinically oriented training program. The two year curriculum covers the fundamentals of psychoanalytical psychotherapy with a focus on contemporary Self Psychology and Relational Theory. The four year program offers training in advanced Psychoanalytic Psychotherapy or Psychoanalysis.

For further information please contact IASP at

Office 416.690.3722

Email [info@iasptoronto.com](mailto:info@iasptoronto.com)

Visit our website at: [www.iasptoronto.com](http://www.iasptoronto.com)

# The Analyst's Private Theories

presented by

Dr. Richard Geist

**Saturday  
February 25, 2012**

George Ignatieff Theatre  
15 Devonshire Place, Toronto

## Conference Program

Richard Geist has been a prodigious contributor to the field of contemporary psychoanalytic self psychology. Today he will present two papers from his more recent exploration and elucidation of the therapeutic process. Each presentation will be followed by general discussion with the audience to facilitate understanding of his original contributions to our clinical work.

In the morning presentation he will use detailed clinical material to illustrate his thesis that the analyst's emotional convictions – his **private theory** – may deepen or restrict every treatment.

In the afternoon, Richard will further elucidate his thinking on clinical process by focusing on the concept of **connectedness** – the feeling of being a felt presence in another's life. He will demonstrate how the new understanding enabled by this concept shifts our listening perspective when considering selfobject transferences, self-disclosure and the disruption-repair process, all basic constructs in contemporary self psychology.

We at IASP are proud and excited to bring you Richard Geist who represents the "leading edge" of contemporary self psychological thought.

## Conference Schedule

- 8:15 Registration
- 9:00 Welcome and opening remarks - Midge Breslin
- 9:15 Introduction of Richard Geist - Alan Kindler
- 9:20 Richard Geist: Our Private Theory of Change
- 10:20 Coffee Break
- 10:40 Discussion of morning paper – Chair: Sonia Singer
- 12:00 Lunch
- 1:00 Richard Geist: Connectedness and the Development of the Self
- 2:00 Discussion of afternoon paper – Chair: Bruce Herzog
- 3:00 Closing Remarks: David Wright

## About the Speaker

**Dr. Richard Geist** was for 30 years a Clinical Instructor, within the Department of Psychiatry (Psychology), Harvard Medical School and is a founding member of the Board of Directors of the Massachusetts Institute for Psychoanalysis. In addition, Dick is a council member of the International Association for Psychoanalytic Self Psychology. He maintains a private practice in psychoanalysis and psychotherapy in Newton, Massachusetts where he sees children, adolescents, adults and couples. He has taught self psychology seminars in the training programs at Children's Hospital, Mass General Hospital and Mass. School for Professional Psychology. Dick was former Director of the Young Adult Consultation and Study Center at Children's Hospital and a consultant to the Psychosomatic Unit and the Orthopaedic Surgical Service, as well as Unit Chief of the Adolescent Psychology Services.

Dick has also applied self psychology to understand how investors make decisions under conditions of risk and has published a recent book on the topic – *Investor Therapy* (Crown Press). Currently, he is working on a book on the clinical use of Contemporary Self Psychology in Psychoanalytic Work.

## Conference Faculty

**Alan Kindler, MBBS, FRCP(C)**, is a psychoanalyst in private practice in Toronto and past president of IASP. He is a member of the International Council of Psychoanalytic Self Psychology, a training analyst with the Toronto Institute of Psychoanalysis and on the faculty of the Toronto Institute for Contemporary Psychoanalysis (TICP).

**Midge Breslin, MEd.**, is in private practice as a psychoanalyst / psychotherapist and couple and family therapist. She is a graduate of IASP and is presently a supervisor, faculty member and President of the Board of IASP. She is a registered member of the American and Ontario Associations for Marriage and Family Therapy and a clinical member of the Ontario Society of Psychotherapists, IARPP and IASP.

**Bruce Herzog, MD, FRCPC**, is a faculty and Board member of IASP and a member of the faculty to the Toronto Institute of Contemporary Psychoanalysis (TICP). He is a psychoanalyst in private practice in Toronto and is a regular contributor at the Annual International Conference on The Psychology of The Self.

**Sonia Singer, Med.**, is in private practice in Toronto and is a graduate of IASP. She is currently teaching in the IASP program and supervises clinicians and candidates. She also co-instructs a couples therapy course for clinicians using an intersubjective approach. She is Vice-chair of the Board of IASP as well as Chair of the Student Progress Committee.

**David Wright, B.A., M.Div.**, is a pastoral counselor and psychotherapist who works with both individuals and couples. He is a graduate of the Institutes of Religion and Health's training program in pastoral psychotherapy and a graduate of IASP. He is a Teaching Supervisor with the Canadian Association for Pastoral Practice and Education and a Fellow of the American Association of Pastoral Counselors.

## Registration

ONLINE REGISTRATION is available through our website at: [www.iasptoronto.com/events.htm](http://www.iasptoronto.com/events.htm)

To register by mail, mail in the completed registration form and a cheque (made payable to IASP) to:

**IASP Conference Committee**  
**76-2192 Queen St. East**  
**Toronto, Ontario M4E 1E6**  
**Tel. 416.690.3722 email. [info@iasptoronto.com](mailto:info@iasptoronto.com)**

## Registration Information

Name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone\* \_\_\_\_\_

Email\* \_\_\_\_\_

Professional Affiliation/Degree  
\_\_\_\_\_

## Registration Fees

(includes continental breakfast & lunch)

	On or Before Feb.10, 2012	After Feb. 11, 2012
Registrant	\$160	\$170
IASP Member	\$150	\$160
Student	\$110	\$120

(Includes (please circle): IASP, TCPP, TICP, TPS, TIRP, CTP)

\* Confirmation of registration is available if you provide an email or phone number

REFUND POLICY: 75% of the registration fee will be refunded if notice of withdrawal is received in writing from registrant on or before February 11, 2011. 50% of the registration fee will be refunded if notice of withdrawal is received in writing from registrant on or before February 18, 2011. No refunds thereafter.